

FOR MORE INFORMATION, PLEASE CONTACT:

Communitas, Inc. 8500 Freeport Parkway South Suite 110 Irving, TX 75063 T 318.751.5815 Hospitals count on their employees to deliver the best possible care to their customers—the patients and their families. A hospital's reputation and quality rating depends on its employees' daily performance and well-being. In today's complex business of health care delivery systems, healthy employees with high job satisfaction levels deliver the best quality outcomes.

Yet, hospitals face many challenges when managing the health and wellness of employees. The stress and physical demands of many hospital jobs can take its toll. While employees are focused on caring for their patients, they often develop unhealthy habits and ignore their own health. Chronic conditions such as diabetes, hypertension, obesity, and back pain are prevalent and early warning signs often go unheeded.

These challenges led Communitas, an AmWINS Company, to partner with hospital clients and develop a full array of solutions. Our onsite nurse navigators, data reporting, analytics, and wellness programs can improve the health of your employees.

OUR APPROACH

Customized Programs	Communitas' onsite nurse navigators are located at your facility to outreach employees and their spouses and dependents. Our Certified Health Coaches provide education, coordinate services, identify and address risk factors, improve access to supplies and services, and help enhance self-management efforts. Communitas ensures patient privacy and addresses the health and wellness challenges of your population with customized programs.
Reporting & Analytics	Communitas provides data reporting analytics through access to medical claims, pharmacies, labs, HRA surveys, and predictive modeling. Our program promptly identifies high risk individuals with chronic conditions, targets individuals with poor medical condition compliance, determines health satus improvement and risk reduction, compares financial trends to baseline metrics to demonstrate outcomes, and works with you to develop individual and system-wide health care initiatives and incentives.
Wellness Strategy	Implementing Communitas' wellness programs can help hospitals lower absenteeism and presenteeism, improve productivity, and increase employee satisfaction. Typical areas of focus are: smoking cessation, stress management, physical activity, nutrition, and weight management.

Partnering with Communitas will improve the health and wellness of your employees and their dependents. We help control health-related expenses by focusing on those who are or will soon be driving your plan costs. As an independent partner, Communitas ensures greater member participation while providing that all-important, onsite resource.

